



*Miles for Smiles* is an athletic ride along for children with disabilities who would not normally be able to experience outdoor endurance events such as marathons, triathlons and other road races.

(Our only limitation is a weight limit of 130 pounds as this is the weight limit on our jogging strollers.)

\*\*\* This *Miles for Smiles* event is **FREE** for the children who qualify to participate. \*\*\*

All you have to do is:

1. Register at least 1 week in advance
2. Show up!

**Upcoming races:**

**April 17** Bengal Dash 5K @ Greensboro Day School

**May 22** Running of the Green 5k @ Greensboro Children's Museum

**June 26** Freedom Run 10k @ Fun Fourth Festival in GSO

**Sept 19**..... Half Marathon in Kernersville, Relay possibilities...

**To register call Janelle Robinson at 336.312.5170**

Or email [janellesiperek@aol.com](mailto:janellesiperek@aol.com)

Don't forget, you can check out our Facebook page, Miles for Smiles.

<http://www.facebook.com/video/video.php?v=1119160224847#!/pages/Greensboro-NC/Miles-for-Smiles/115753466985?ref=mf>

We are also recruiting athletes for those interested in helping and/or participating!!!